

Fetal Alcohol Spectrum Disorder (FASD) encompasses a range of physical and neurodevelopmental problems that can result from prenatal alcohol exposure. It is brain damage and it is often known as the “Invisible Disability” as there are rarely physical indicators of it. Currently there are at least 4% of Canadians living with FASD and their symptoms can vary from person to person. It can be very challenging to get a diagnosis, which often leads to many individuals struggling without an understanding of their disability.

The following presentations are beneficial to anyone who would like to learn more about FASD. We have provided this training to Schools, Mental Health Organizations, Community Services and Supports, and families. There is no cost to these presentations.

### FASD 101

This presentation focuses on FASD awareness, the symptoms of the disability; how it effects the child’s daily living; and the strategies that can help everyone gain a better understanding and experience more success when working with the person living with FASD. We also discuss community resources and local services that may be helpful. This Presentation requires a one-and-a-half-hour timeframe including time for questions. It is currently being offered virtually through Microsoft Teams and is presented by the Provincial FASD Service Coordinators through the Community Service Coordination Network (CSCN). Please contact your local FASD Service Coordinator to book a date and time.

### FASD 102

In this presentation we further explore key concepts in our work with people living with an FASD. This training includes an interactive case study in which participants can apply the skills they have learned in FASD 101 and FASD 102. FASD 101 is a prerequisite for this presentation. This Presentation requires a one-and-a-half-hour timeframe including time for questions. It is currently being offered virtually through Microsoft Teams and is presented by the Provincial FASD Service Coordinators through the Community Service Coordination Network (CSCN). Please contact your local FASD Service Coordinator to book a date and time.

### FASD Service Presentation

This presentation is offered to our community partners and focuses on our service delivery model as well as providing information on additional community supports around FASD. It is twenty minutes in length including time for questions. This presentation is often combined with our Coordinated Service Planning Service Presentation as it gives the audience an opportunity to hear about both programs. Please contact CSCN for more information.